The course begins just N of the John Hannah stature in front of the Admin Building. Runners head south and then take the river trail east- under the Farm Lane bridge. Follow this to Bogue and turn North- staying on the sidewalk. Take this sidewalk N to the sidewalk along the south side of Grand River Ave and head west. Take a small sidewalk (look for cones) back into campus. Cross Physics road, and follow Farm Lane as it curves back to the south. Cross the river- and then cross Farm Lane to the west, at the crosswalk, just south of the bridge. Run northwest along the river until you reach the Sparty Statue intersection. Cross the street south and run along the east edge of Dem. Hall field. Go south of Munn Arena and take the sidewalk that curves west around the building. Continue on this walk as it heads back to the north. Cross Kalamazoo St., near Jenison, and run northeast back toward Sparty. Cross the road to the east and then turn north to cross the river. Just off the bridge turn east and run by the river and back to the Start/Finish line just north of the Admin Building.